



# 2018 ULTIMATE FRISBEE GENERAL INFORMATION

## PROGRAM DESCRIPTION

Interested in getting an ultimate cardio workout along with some fun competition? Then come out and show your skills on the field: New Bern Parks and Recreation is now offering Social Coed Ultimate Frisbee leagues. Our leagues offer 7 on 7 ultimate Frisbee games that are fun, fast paced, and a great way to get some exercise. You must be 16 or older.

#### WILL THERE BE AN INFORMATION MEETING?

Yes, the Ultimate Flag Football Meeting Information meeting will be held on Tuesday, February 13<sup>th</sup> at 7pm at the West New Bern Recreation Center. At this meeting, the registration process, rules, practices and games schedule will be discussed.

#### **REGISTRATION AND ENTRY FEE**

Registration for the Spring Ultimate Frisbee league will run February 5<sup>th</sup> through March 16th.

Registration is accepted at the following locations: Stanley White Recreation Center (901 Chapman Street) Or West New Bern Recreation Center (1225 Pine Tree Drive) Monday – Friday: 8:00 am – 7:00 pm Saturday: 10:00 am – 2:00 pm Or You can register online (24/7) at https://newbern.recdesk.com

The cost to participate is \$20.00 for City Residents and \$30.00 Non Residents. League fees are due no later than March 16<sup>th</sup>. This fee covers field set up, game officials, awards and post-season tournament.

Cash and Check are acceptable forms of payment in person. Online registration will accept credit cards. Note: There is a \$25.00 service charge on all returned checks. *Note: those who have outstanding balances or failure to return issued equipment from previous seasons will not be eligible to register until your account is in good standing.* 

## WHAT IS THE CRITERIA FOR PLAYER PARTICIPATION?

You must be 16 or older. You must have a minimum number of 7 players and maximum number of 14 players per team. The Coed division must have 2 females playing at any time on each team. Don't have a full team? No worries! You can sign up as an individual or a small group, and we will find you a team.

## WHAT IS THE CRITERIA FOR UNIFORMS?

Each team is responsible for providing their own uniforms. Uniform should consist of matching shirt color with unduplicated numbers on the back.

## WHEN WILL PRACTICES BEGIN?

Team player fees must be paid in order to reserve practice times. Managers may call Taurance Williams on Wednesday after 12 noon to sign up for practices for the following week. Teams are limited to two practices per week. Practices are held at Lawson Creek Park.

## WHEN WILL GAMES BEGIN?

The league includes 10 games, and a post-season tournament. Games are scheduled to begin on April 12<sup>th</sup>. All games are played on Thursdays, beginning at 6pm at Lawson Creek Park. Schedules will be available online and will be emailed to team managers.

## WHERE CAN I FIND THE RULES AND REGULATIONS?

Rules can be found on the New Bern Parks and Recreation website (Adult Sports). Visit us online at: https://newbern.recdesk.com

## WHAT ARE THE GAME EQUIPMENT REQUIREMENTS?

Participants may wear tennis shoes or rubber cleats.

The Game disc will be provided.

# HOW DO I FIND OUT IF GAMES HAVE BEEN CANCELED OR POSTPONED?

- Visit us on-line at https://newbern.recdesk.com . Click on the cancellations link.
- Follow us on Facebook or Twitter. Visit our website for the appropriate link.
- Call (252) 639-2903

# WHO DO I CONTACT FOR SPECIFIC QUESTIONS ON ULTIMATE FRISBEE?

Taurance Williams, Supervisor of Athletics, is responsible for the Ultimate Frisbee Program. He can be reached at (252) 639-2903 or by email at <u>williamst@newbern-nc.org</u>.